## 2024 ELITE FUN MARTIAL ARTA SUMMER KIDS CAMP



# Application Deadline May 26th 2024 Register Early - Limited Space

Dear Parent,

We would like to welcome you to the GMA 2024 Kids Summer Camp weeks. The GMA Summer Camp program is an elite training camp to develop academics, confidence, discipline, manners, self defense and life skills. The class is taught by Master Spillmann, a 5th Degree Black Belt who has taught children of all backgrounds including those students with special needs. As part of our academy, she has been helping children grow and changing lives for over 38 years. She holds a bachelor's degree in Child Development from California State University, Fullerton. She will be assisted by other GMA Martial Arts instructors. As a safe sport listed academy, all our staff have passed a background checks and have experience teaching children as coaches.

GMA's Grandmaster has over 50 years experience developing leaders and academic excellence. In addition to our life skills and self-defense training programs, we offer an in-house child development teacher and tutor to assist children with special needs and children dealing with ADD/ ADHD and other challenging life issues. GMA has a track record of changing students' lives and producing champions in physical and academic excellence. Many of our students have gone on to attend top universities and have successful careers. GMA is more than teaching self defense, working out, kicking and punching; GMA also teaches life skills and focuses on leadership development, family values, correct training methods and academics. Your small investment today means gaining the edge above others in today's tough world.

GMA instructors and coaches receive annual re-certification and background checks, and have worked with thousands of children and adults during our 40 years of teaching professional martial arts. GMA coaches are high level Instructors and maintain world certification with many top world-recognized organizations. This type of certification means you are practicing at one of the country's top learning centers. When you graduate, your certification is good not just locally, but in over 197 countries. (ITF, KUKKIWON, IBJJF, ATC, AAU, USTKD, GHF, KTA)

GMA also offers classes for ages 3 years old & up, including specific classes and training for Men, Women, Children, Seniors, Families. We offer Law Enforcement, Military and Family Discounts. GMA would like to thank you for spending the time to read about our academy and would like to invite you to visit us and try One Trial Class for Free on us as a way of saying thank you and welcome to our family.

## Please call GMA at (615) 675-7945 to schedule a Free Trial Week, if you and your children are interested in our martial arts programs, we also offer family specials.

| Traditional TaeKwonDo | Rocian Gracie Brazilian Jiu-Jitsu |
|-----------------------|-----------------------------------|
| HapKiDo               | MMA & Kickboxing                  |
| Kung Fu               | Kumdo Sword Training              |
| Wing Chun             | Tai Chi                           |

#### "Class Times: May Be Adjusted Based On Group Size & Ages"

#### We will be running kids weekly camps:

This year's Kids' Summer Camps are going to be a blast!

There are 6 week long sessions (M-F 7:45—5:30) to choose from, and the students who attend all of the camps will have had fun while learning different aspects of each of 4 lifeskill categories each week. The lifeskill categories include social, emotional, physical, and personal growth and will contain new lessons within multiple categories each of the camp weeks.

#### **SEE APPLICATION BELOW** RETURN YOU APPLICATIONS ASAP TO RESERVE A SPOT AS SPACE IS LIMITED AND AVOID A POSSIBLE CAMP WEEK CANCELATION DUE TO NOT MEETING THE MINIMUM REQUIREMENTS.

#### Martial Arts Offered:

TaeKwonDo 10:30am (5y to 12yr) (M-W-F) TaeKwondo 4:00pm (5yr to 12yr) (M-W-F) Brazilian Jiu-Jitsu 4:45pm (6yr to 12yr) (M-W-F) I (Times may be adjusted for camp by martial art style, group and age)

#### **Requirements:**

1) Ages Kindergarten through 6th Grade (5yrs to 12yrs Old)

2) THERE IS A MINIMUM OF 8 CHILDREN PER SESSION TO RUN A CAMP & A MAXIMUM OF 25 CHILDREN. WE WILL INFORM YOU IF WE DO NOT MEET THE REQUIRED NUMBER OR IF YOU DID NOT MAKE THE CUT-OFF NUMBERS. PEOPLE WHO PAY IN-FULL HAVE FIRST POSITION. REFUNDS ARE ONLY GIVEN IF THE MINIMUM IS NOT MET.

\* FIRST COME, FIRST SERVE BASIS. REGISTER ONLINE OR AT THE ACADEMY.

## 3) NO REFUNDS on paid in-full. Any credit given will based solely on the school director's decision.

#### Camps include:

Times: 7:45am to 5:30pm (After 5:35pm there is a \$10 late pickup fee until 6pm) Includes 2 Daily Snacks with Beverages Camp members bring their own lunch - **NO Peanut items due to allergies. Friday is pizza day ( GMA Supplies the pizza)** 

#### Cost:

Martial Arts Member Discount - Please See Application (Page 4)

Non Members Camp Cost : Please See Application (Page 4)

GMA 130 N. LOCUST AVE GALLATIN, TN 37066 TEL: (615) 989-7945

| PARENT'S NAME:  |  |  |  |  |
|---|--|--|--|--|
| ADDRESS:  |  |  | ZIP  |  |
| HOME PHONE:   | E-MAIL:  | ·····  | @  |  |
| EMERGENCY#:   | EMER   | GENCY# 2:  |  |  |
| Names of People Permitted to Pick Up  | o Your Child:  |  |  |  |
|   | DOP  |  |  |  |
| NAME: DOBAGE ATTACH COPY OF INSURANCE CARD ALLERGIES: PLEASE LIST ANY ALLERGIES OR HEALTH ISSUES (NO peanut products) List Child Food Allergies:OtherOther  |  |  |  |  |
| 06/03 to 06/07 \$         06/10 to 06/14  | 07/08 to 07/12<br>07/15th to 07/<br>07/22 to 07/26   | \$<br>⁄19 \$   | Non - Member Price<br>1ST CHILD \$230<br>2ND CHILD \$225<br>3RD CHILD \$215<br>PIF- 6 WEEKS DISCOUNTED - \$1320.00<br>per child.   |  |
| 06/17 to 06/21 \$Minimum requirement to<br>run a camp week is 8 students.<br>Camp maximum is 25 students.Drop in<br>spot is   | n Days: Non Me<br>n Days: Membe<br>available,  | embers \$50<br>rs \$40 - If  | GMA TaeKwonDo Member Price<br>1ST CHILD \$190<br>2ND CHILD \$180<br>3RD CHILD \$180<br>PIF - 6 WEEKS DISCOUNTED- \$1100.00<br>per child.   |  |
|   |  |  |  |  |
| TOTAL \$CC #           3 DIGIT CODE CARD BILL   |  |  |  |  |
| <b>BY SIGNING BELOW:</b> I GIVE PERMISSIO<br>AMOUNT EVERY FRIDAY BEFORE THE<br>THAT I AM RESPONSIBLE FOR ALL WEE<br>SION / SESSIONS: YOU WILL BE BILLEE<br>TO LIMITED SPACE & <b>THERE ARE ALSO</b><br>CAMP DAYS. <b>(YOU ARE RESPONSIBLE</b><br>I ACKNOWLEDGE THAT GMA IS NOT A I<br>SPORT ACTIVITY THERE IS A POSSIBLE<br>(GMA) GALLATIN MARTIAL ARTS INC - D<br>FROM ANY INJURIES. ALL ATTENDEES<br>THE ACADEMY AND ALL STAFF MEMBER<br>DIRECTORS FROM ANY LEGAL ACTION<br>RESULTING FROM THE PARTICIPATION<br>TRANSPORTATION OF YOUR CHILD. I A<br>ATTENTION IF NEEDED. DUE TO COVID<br>PARENT FOR IMMEDIATE PICK UP. | ON TO CHARGE M<br>CHOSEN CAMP W<br>KS SELECTED AE<br>O FOR THE WEEK<br>O <b>"NO REFUND"</b><br><b>(<br/>FOR ALL SELECT</b><br>DAYCARE AND I L<br>E RISK OF SERIOU<br>OES NOT PAY FO<br>, PARENTS OR GU<br>S RESULTING FRO<br>IN THE CAMP OR<br>ALSO GIVE PERMI<br>AND THE FLU IF | Y CARD THE ABO<br>EEK ABOVE. I AL<br>OVE FOR THE C<br>CHOSEN ABO<br>ON ANY MISSED<br><b>ED WEEKS)</b><br>NDERSTAND AS<br>JS INJURY OR D<br>R ANY INJURIES<br>JARDIANS MUST<br>STRUCTORS, OV<br>OM ANY AND ALL<br>ANY ACCIDENT<br>SSION IF NEEDE<br>YOUR CHILD IS | OVE LISTED TOTAL<br>SO ACKNOWLEDGE<br>HOSEN CAMP SES-<br>/E. I UNDERSTAND DUE<br>SESSIONS OR MISSED<br>WITH ANY PHYSICAL<br>EATH. I FURTHER UNDERSTAND<br>OR ANY MEDICAL COSTS, ARISING<br>INDEMNIFY AND HOLD HARMLESS<br>VNERS. LANDLORDS AND ANY<br>INJURIES OR LIABILITIES<br>S OR INJURIES DURING<br>ED TO CALL 911 AND SEEK MEDICAL |  |
| ATTENDEES MUST HAVE MEDICAL INS   | URANCE TO ATTE   | ND CAMP.   |  |  |

No refunds once registered; payments for registered weeks are due whether or not the student attends: You will still be billed if you drop out at the last second. By, signing this agreement you understand you are liable for all weeks chosen and marked above. IF A CHILD IS SICK AS A COURTESY WE CAN MOVE A CAMP DATE TO ANOTHER WEEK IF IT NOT OVERBOOKED. **NO OTHER CREDITS OR REFUNDS WILL BE GIVEN.** 

/

| Parents / Guardian | s Signature: |
|--------------------|--------------|
|--------------------|--------------|

#### GMA Summer Camp: 4 sessions - Please Review Application

GMA Martial Arts Kids' Summer Camp is being offered during Summer Break for 4 weeks. The kids camp includes fun activities plus TaeKwonDo classes everyday and lessons in other martial arts, conditioning and sword training. In addition, the program will cover leadership development and life skills training through hands-on, fun activities.

The program includes basic etiquette, manners, lessons regarding bullying, leadership skills and discussions to build confidence and self-esteem, and fun physical activities. The academic activities touch on reading comprehension, math, music and basic living skills.

When: Session Dates - Please See the Application Page. Daily hours: 7:45am to 5:30pm Visit our website: www.GMAGallatin.com Register at the academy: 615-675-4795

**Registration starts April 10th** - Camp Fees will be billed every Friday prior to each session, if you are not on autopay, camp tuition must be paid no later than Monday at drop off. You are responsible for all camp sessions you choose and register for:

(Limited space 40 Kids Per Camp)

**Camp Drop Off:** Anytime after 7:45am - Parent Pick-Up 5:30pm or before.

Late Pick Up: 6pm Late Pick Up Cost \$20

#### THINGS TO BRING:

BRING A LUNCH **(NO Peanut Items)** FRIDAY IS GMA PIZZA DAY - WE SUPPLY THE PIZZA WE WILL SUPPLY 2 SNACKS & BEVERAGES EVERY DAY. POSITIVE MIND MIND FOR LEARNING

#### THINGS TO WEAR:

PROPER ATTIRE - Wear loose fitting clothing. SNEAKERS: T-SHIRT - WORKOUT SHORTS, SWEAT PANTS UNIFORM (Optional - You Can Purchase a TKD Uniform For \$60 - BJJ \$100 Camp Special Offer )

"Class Activity Schedule: Times May Change Based On Group Sizes & Ages"

#### GMA SUMMER CAMP SCHEDULE (Activities & events may vary.)

7:45 -9:30AM Drop-off and Daily Prep (GYM Play)

10:00-10:15AM Snack / Break Time (provided)

#### 10:30AM TaeKwonDo Class (Marl al Arts)

(Field trip days may be adjusted or moved - parents will be notified by a field trip permission form several days prior to event. Please check to see if any field trip acl vil es are scheduled for the week.

11:15AM-12:30PM Daily Topics and Creative Play

- Life Skills / Manners
- Leadership Skills
- Team Work / Leadership/ Games / Daily Habits

12:30-1:00 Free Play- Exercise

1:00- 2:00PM Lunch (students bring - (Please No Peanut items) and a movie (Fridays are GMA Pizza Days - GMA provides the pizza and beverages on Fridays)

2:00-3:30PM Life skills

- Stories to emphasize lifeskill & language skills through literature
- Arts/ Crafts / Music
- Math and Science Discovery
- Creative Play/ Reward Play

3:30PM Afternoon Snack (Gym Play Time)

4:00PM Clean up/ Circle Talk Time/ TaeKwonDo Class Prep

4:00-4:45PM TaeKwonDo

4:45PM - 5:30PM Brazilian JiuJitsu Class

5:30PM Pick-up (Free Time/ Games - unl I parent pickup)

#### Extended Pick up 6pm - \$20 (Pay cash at pick up)

\* GMA will send home a field trip forms to the movies, park or other fun acĜviĜes. You may send your child with dollars to purchase extra drinks from our vending machine.. can send money to purchase items at the movie theater.